



**HOCKOMOCK
AREA YMCA**

HEALTHY KIDS DAY®

MAKE IT A PLAY DATE!

JOIN US

for creative, challenging,
smart, and healthy fun.

**COMMUNITY
SPONSORS**



**PRE-REGISTER AT
hockymca.org**

**AT PATRIOT PLACE
10 am—1 pm**

NRG Plaza, located outside
The Hall presented by Raytheon

**MAY 14
FREE
EVENT**

- prizes & raffles
- partners booths with tips & takeaways
- gymnastics & obstacle courses
- fitness challenges
- caricature artist & airbrush tattoos
- how to's for a healthy family home
- camp activities & t-shirt tie dying
- healthy snack samples
- and much more!